

Dissociating confidence bias and confidence noise in perceptual and knowledge-based decisions

Matteo Lisi¹
Marc Pabst²
Lottie Wood²

¹ Royal Holloway, University of London
² University College London



Introduction

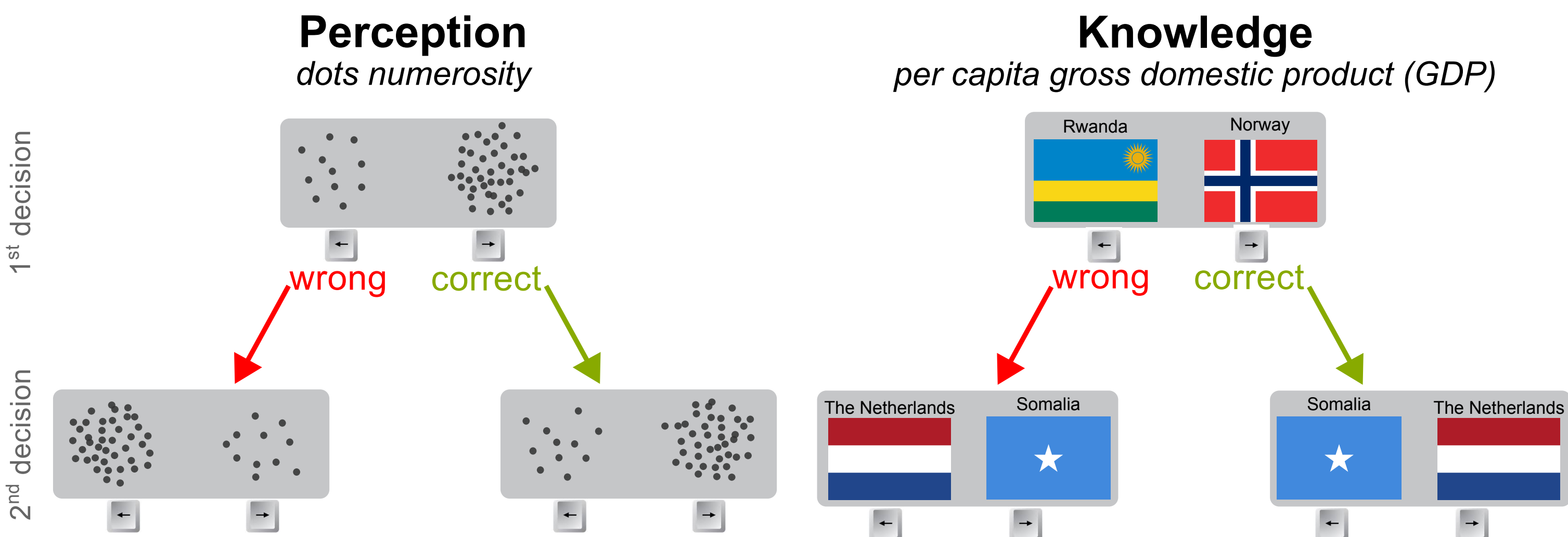
People often misjudge how reliable their decisions are, leading to *confidence errors*.

Confidence errors can arise from *confidence bias*, a stable tendency to over- or under-estimate one's certainty, as well as from *confidence noise*, which reflects trial-to-trial variability around this baseline.

Do confidence errors reflect more bias or noise — and does this differ between perceptual and knowledge-based decisions?

To answer this, we tested how well confidence bias and noise explain errors in a *dual-decision* task [1], where participants are required to use confidence in a prior decision to inform expectations about subsequent choices

'Dual-decision' tasks



Two decisions per trial: the correct response in the 2nd decision (← vs →) is determined by accuracy in the 1st decision.

Confidence as a prior: confidence in the 1st decision serves as a prior to guide the 2nd decision.

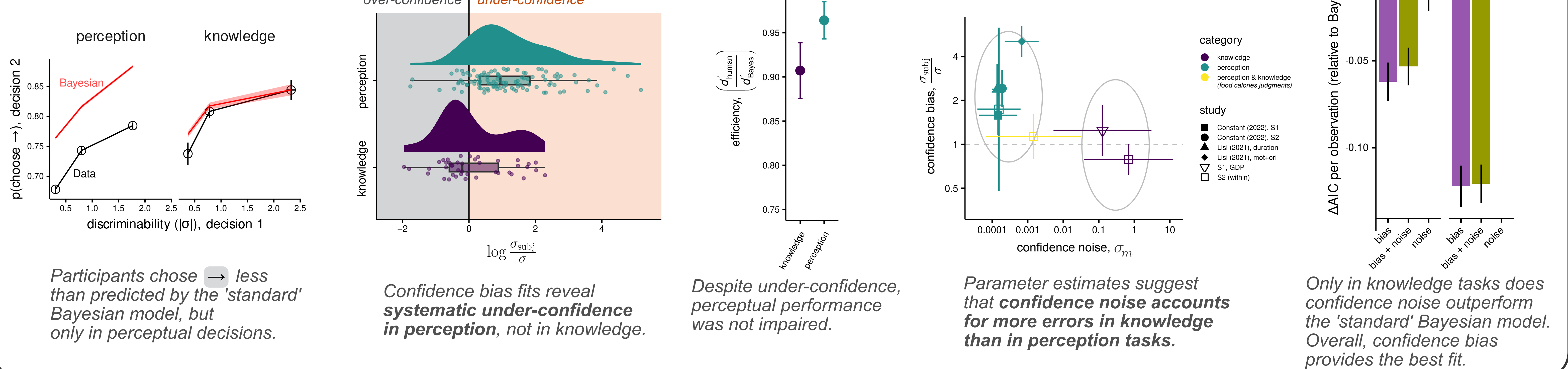
Assessing confidence biases: the frequency of → responses in the 2nd decision, compared to the optimal frequency, reveals participants' confidence biases.

Datasets

Study	N	N trials	Stimuli	Method
Lisi et al [1]	29	900	Motion — orientation	Constant stimuli
Lisi et al [1]	19	500	Temporal duration	
Constant et al [2]	21	720	Motion	Staircase (3 levels)
Constant et al [2]	25	720	Motion	Staircase (3 levels), 2 sec. delay between decisions
Study 1	21	150	GDP	Staircase + jitter
Study 2 (part 1)	23	250	GDP	Staircase, within-participants design
Study 2 (part 2)	23	250	dots-numerosity	
Study 2 (part 3)	14	250	Food calories	

Across all studies, participants used effectively the dual-decision structure to improve performance in 2nd decision compared to 1st.

Results



Participants chose → less than predicted by the 'standard' Bayesian model, but only in perceptual decisions.

Confidence bias fits reveal **systematic under-confidence in perception**, not in knowledge.

Despite under-confidence, perceptual performance was not impaired.

Parameter estimates suggest that **confidence noise accounts for more errors in knowledge than in perception tasks**.

Only in knowledge tasks does confidence noise outperform the 'standard' Bayesian model. Overall, confidence bias provides the best fit.

Discussion

Data from previous studies using the dual-decision task show consistent **under-confidence in perceptual decisions** (e.g., motion, duration, orientation tasks).

In **knowledge-based decisions**, we found no group-level under-confidence: unlike perception, **participants were as likely to be over- as under-confident**, consistent with classic overconfidence effects [4].

This difference was replicated in a within-subject design.

Under-confidence in perception did not impair performance. Compared to knowledge tasks, efficiency was similar or slightly higher).

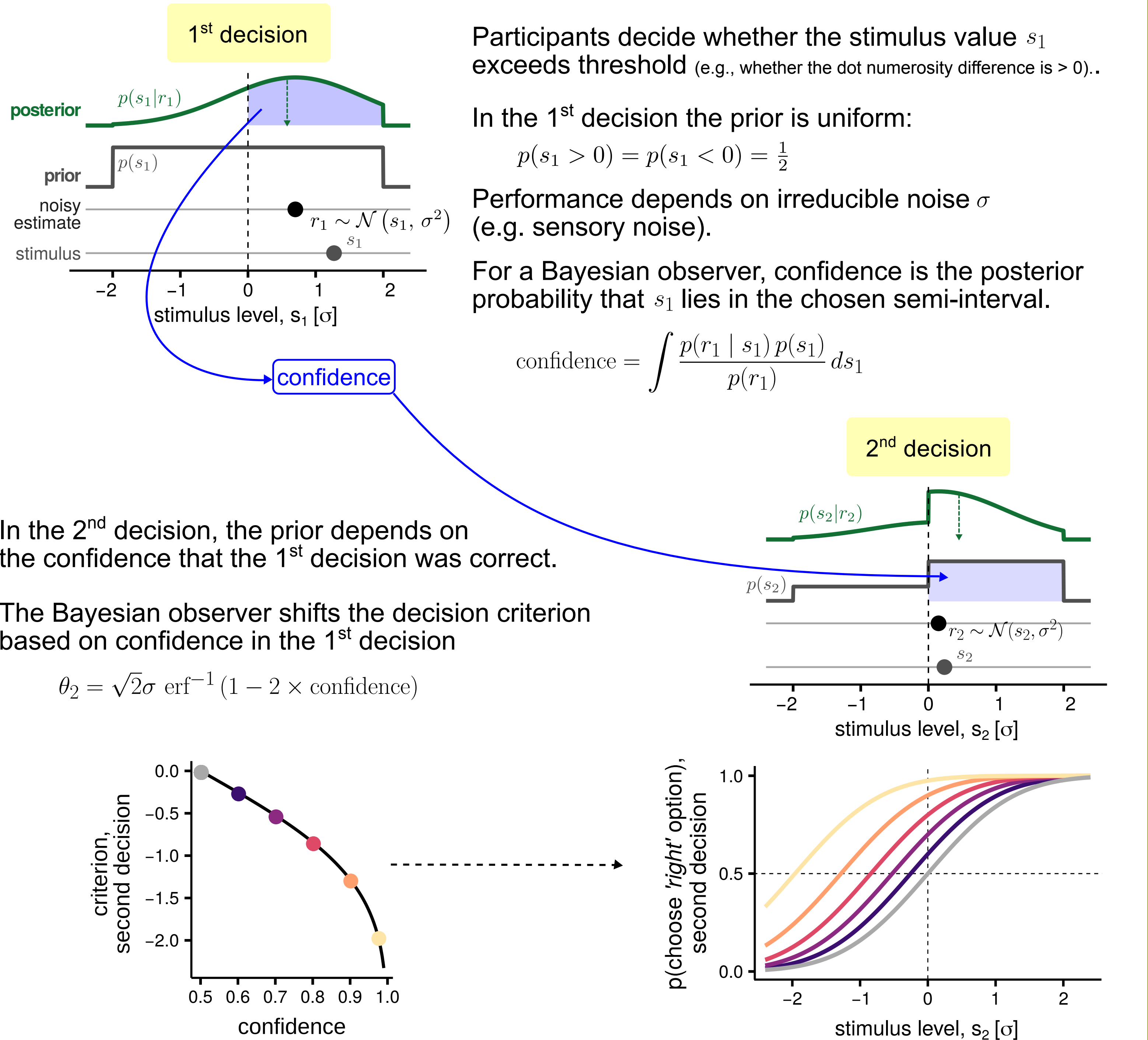
We introduced a model with confidence noise — trial-to-trial variability in internal noise estimates (e.g., sensory or knowledge uncertainty)

Confidence noise explained more errors in knowledge tasks. Noise estimates were significantly higher for knowledge than perception.

Bias and noise interact: under-confidence may offset noisy confidence estimates, suggesting it could be an adaptive strategy in perception.

Preliminary data from a food calorie comparison tasks suggest some domains blend perceptual and knowledge features, showing intermediate levels of noise and bias. Broader testing of more knowledge-based task is needed.

Computational analysis

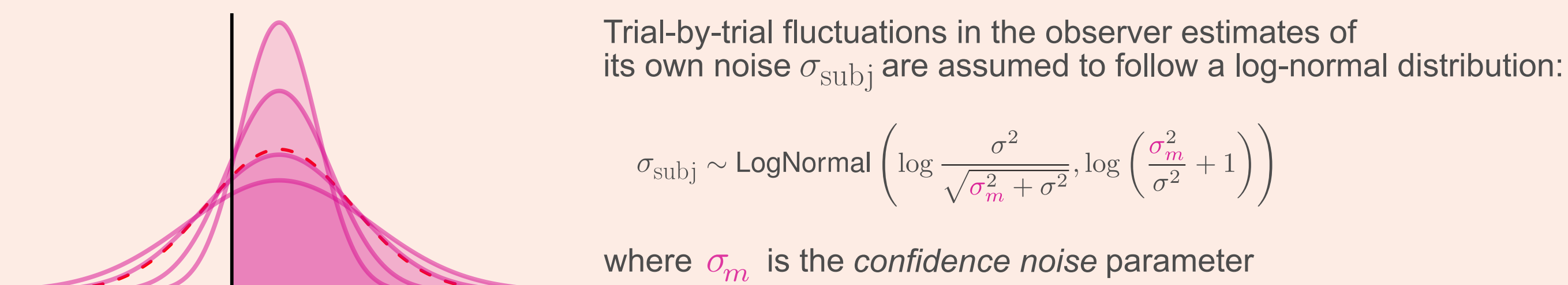


Modelling confidence bias and confidence noise

In the 'standard' Bayesian model the only free parameter is the irreducible uncertainty (the noise standard deviation σ).

The Bayesian model can be augmented with a **confidence bias** assuming it uses an inaccurate estimate (σ_{subj}) of its own internal noise.

To model **confidence noise**, internal noise estimates are allowed to vary randomly across trials — a concept known as *meta-uncertainty* [3].



References

[1] Lisi, M., Mongillo, G., Milne, G. et al. (2021) Discrete confidence levels revealed by sequential decisions. Nat Hum Behav 5, 273–280.

[2] Constant, M., Pereira, M., Faivre, N. et al. (2022) Prior information differentially affects discrimination decisions and subjective confidence reports. Nat Commun 14, 5473

[3] Boundy-Singer, Z.M., Ziemba, C.M., & Goris, R.L.T. (2023). Confidence reflects a noisy decision reliability estimate. Nat Hum Behav, 7, 142–154.

[4] Fischhoff, B., Slovic, P., & Lichtenstein, S. (1977). Knowing with certainty: The appropriateness of extreme confidence. J Exp Psychol Hum Percept Perform, 3(4), 552–564.

Acknowledgments

The study was funded by Research Initiative Funds (RIF) from Royal Holloway, University of London and by Wellcome Career Development Award [306332/Z/23/Z] to Tessa Dekker.

